# KMC NEWSLETTER II

22<sup>nd</sup> December, 2018

### Dear Parents/Guardians,

It truly has been an honour to serve as your Principal and to be a part of the many things that make KMC School such a special place! We have successfully managed to complete very fruitful and productive half year of this academic session and we are rigorously working to make the second half more meaningful. It would not have been possible without your constant support and feedbacks. We are very much concerned about the quality and standard of our students. Through reflective and collaborative practices, we will create a positive, safe, and inspiring learning environment that promotes a sense of community and ensures child-focused decision making to develop confident, motivated students who love reading and learning.

The partnership between school, parent and student is paramount. We truly appreciate our extremely dedicated and committed staff who make KMC School all that it is. We thank them for their passion and commitment to excellence which has been delivered to the highest level. I would like to take this opportunity to personally thank each and every one of our parents for allowing us the privilege of working with our children and for your ongoing commitment and support of KMC. Your children inspire us as educators each and every day. To our students, we have had so much fun working with you and watching you grow and learn over the course of this year. Each one of you is a gift that we truly treasure.

## **Special Achievement**

We feel extremely glad and honoured to receive the award of "The Second Best School" among the private schools in Kathmandu Metropolitan City. The award was based on SEE Results 2074, and the award included Tamrapatra (Copper Engraving) and cash prize of Rs. 75,000. On this achievement, we would like to express our utmost gratitude for

your continuous support and guidance in every endeavor of the school.



# **Workshops and Seminars**

### Parenting Workshops

Parenting has been a real challenge in this age. Since most of the parents are working parents and have very tight schedule, it has been very engaging and demanding for the parents to have quality time with their kids. For the same purpose, we had organized Parental Workshops for the Parents of Grades VIII-X with Mr. Pritam Poudyal. We shall be having such workshops for parents of other Grades too.

### **Motivational Classes**

Motivating students can be a difficult task, but the rewards are more than worth it. Motivated students are more excited to learn and participate. Simply put: Teaching a class full of motivated students is enjoyable for teacher and student alike. We had motivational classes (Positive Vibration) for the students from Grade VII-X. We shall be having such class for Grade VI too. Our Counsellor Mrs. Prativa Tuladhar is also regularly taking counseling classes on a need basis for individual students as well as in group.

### Training and Workshops

Regular trainings and workshops for the teachers has been one of the aspects of KMC. We are very much focused on boosting up skills and expertise of our teachers. For the same, teachers had workshops with Mr. Pritam Poudyal and Principal Mr. Dwarika Nath Amgain. We also believe in developing our own teachers. Grade Teacher Mrs. Chanda Shrestha had sharing session with teachers of Pre and Primary School.

# **Curricular and Extra Curricular Activities/Intra School Activities**

ECA activities for 2<sup>nd</sup> term session kick started with Interhouse Table Tennis competition 2075. It was held from 22<sup>nd</sup> to 25<sup>th</sup> Shrawan. In Group A (Grade IV-V), Tenzing Lama of IV MP Rara House secured First Position followed by Arush Sharma of V AP (Phewa House) and Samyoi Kandel of V AP (Rara House) as Second and Third. In Girls Category of the same group, Jyoti Dhakal (V DG), Kriti Shrestha (V DG) and Samriddhi BC (V AP), all from Rupa House, secured First, Second and Third Positions, respectively. In Group B (Grade VI-VII) Boys Category, Kamal Kharel of VI DG Phewa House and Rohit Yadav of VII AP Rupa House were Second and Third Position Holders. Saubhana Bhandari (VII AP) and Sonika Rijal (VII MP), both from Rupa House, secured First and Second Position in Girls Category of Group B followed by Bandana Gyawali (VII MP, Rara House). In Group C (Grade VIII-IX) Boys Category, Anup Subedi (IX AP, Rupa), Raunak Byanjankar (IX DG, Rara House) and Bhridayandra Shahi (IX MP, Phewa House) secured First, Second and Third Positions, respectively. In Girls Category of the same group, Sneha Poudel (IX DG, Rara), Prashamsha Kunwar (VIII MP, Tilicho) and Yojana GC (IX GS, Phewa) were in Top 3.

Inter House Basketball Competition was organized by Sports Department from 28<sup>th</sup> Shrawan to 1<sup>st</sup> Bhadra. In boys Category of Group A, Tilicho House, Phewa House and Rara House secured First, Second and Third Position, respectively. In Girls of same Group, Tilicho House, Phewa House and Rupa House secured First, Second and Third Position, respectively. From Boys of Group B, Tilicho House, Phewa House , and Rara House secured First, Second, and Third Position, respectively. Among Girls of the same Group,

Tilicho, Phewa and Rara secured First, Second and Third, respectively. In Group C Boys Category, Phewa, Rara and Rupa secured First, Second and Third, respectively. Rupa, Tilicho and Phewa secured Top 3 Positions respectively, in the Girls Category of the same group.

On the first of Bhadra, with initiative from Department of English, students of Grade IV and V had Inter House Spelling House Competition in which Rupa House, Rara House and Phewa house stood First, Second and Third, respectively. Similarly, competition for Group B and Group C took place on Tuesday, 5<sup>th</sup> of Bhadra. In group B (Phewa House, Rupa House and Rara House stood First, Second and Third, respectively. Furthermore, Phewa House, Tilicho House and Rupa House secured First, Second and Third, respectively in Group C category. On 20<sup>th</sup> of Bhadra, Grade VI Scouts had Investiture Ceremony and Grade VI Scouts had First Aid Training.

On 22<sup>nd</sup> of Bhadra, Teei Celebration was done at school with various programmes. Students of Pre and Primary School had activities related with Teej. In the evening, the school organized Teej celebration and Dar Party for all the Ladies Teachers and Staffs as well as for the Girls Hostellers. This year too, we had Grand Children's Day Celebration through various activities. The students enjoyed the delicious cake provided to each class from the school's side. Middle and Senior School had Inter House Music Competition. Phewa House was declared the Winner followed by Tilicho and Rara as Second and Third Position holders. The day had a grand ending with various breathtaking performances from the Stars of the Day (Teachers). Students had immense fun witnessing live musical, dance and drama performances from their teachers.

On 2<sup>nd</sup> Ashwin, we invited legal expert Mr. Ramhari Nepal (Advocate, Former President of Social Engineering School) to have a sharing session on Constitution of Nepal for the students of Grade X. Similarly, our Alumni students Mr. Akshyansha Paudel (Batch 2068) and Ms. Riya Bhattarai (Batch 2069), who are currently in fourth of their Bachelor's of Law, gave a presentation

about Nepal's Constitution, its value and salient features for the students of Grade VI, VII, VIII and IX.

On 12<sup>th</sup> of Ashwin, we had Language Arts and Social Sciences Exhibition. Teachers from the departments related with these subjects coordinated along with the students to showcase the event. Cultural dresses, food items, folk musical performances, Home Made Pickles, items made paper, language games, booklets, bookmarker, etc. were exhibited during the exhibition. On 13<sup>th</sup> and 14<sup>th</sup> of Ashwin, hiking trip was organized for the students of Grade VIII. They were taken on One Night/Two days Hike to Chitlang and Kulekhani. We also had Inter House Science, Mathematics and Computer (STEM) Quiz Competition organized jointly by Department of Science, Mathematics and Computer Science. From Group A, Rara, Tilicho and Phewa Houses were adjusted 1st, 2nd and 3rd respectively. Phewa, Tilicho and Rupa Houses were positioned 1st, 2nd and 3<sup>rd</sup>, respectively in Group B category. Similarly from Group C, Phewa, Tilicho and Rupa Houses were adjusted 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>, respectively.

On Saturday, 20<sup>th</sup> of Ashwin, Primary School Parents' Day was organized at the school premises. The students from Grade I – IV performed various performances on the stage. Students were also awarded with awards on various categories. 11<sup>th</sup> Issue of Oasis, annual school magazine, was also released on the same day. In the same month, as part of JVTE, students of Grade VI were involved in making different food items. In Social Studies, we invited parents in order to teach our students to make Duna Tapari.

On the last day before Dashain Vacation, there was Dashain celebration at school through various programmes. Inter House Book Marker and Greeting Card Making Competition was organized. In Inter House Book Marker Competition, Sanskriti Shrestha of (VII MP, Phewa House), Eric Bastola (VII AP, Rupa House) and Nimisha Shrestha (VII AP, Rupa House) were adjusted 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>, respectively in category of Grade VI & VII. From Grade VIII and IX, Yukta Sunuwar (IX AP, Rara House), Aagya Bhandari (VIII AP, Rupa House)

and Pushpa Kharel (VIII DG, Rupa House) were 1st, 2nd and 3rd, respectively. In Greeting Card Making Competition, Sumina Aryal (Phewa House, V GS), Aditi Amgain (Rara House, V MP) and Jessica Shah (IV GS, Rara House) secured 1st, 2nd and 3<sup>rd</sup> positions, respectively from Grade IV and V. Similarly, from Grade VI and VII, Santosh Parajuli (Rupa House, VII MP), Sitasma Timilsina (Phewa House, VI GS) and Anjila Adhikari (Phewa House, VII GS) were adjusted 1st, 2nd and 3rd, respectively. In Grade VIII and IX, Sunidhi Pandit (IX DG, Rupa House), Sneha Yadav (VIII GS, Tilicho House) and Anisha Koirala (VIII DG, Tilicho House) got 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions. Students of Primary School took the jamara (that they had planted themselves at school) back to home on this day. They also made greeting cards and kites on this day, and were also involved in classroom decorations with their teachers. Middle School and Senior School kids decorated their classrooms and blocks on this day. Students from Pre School to Grade X received Tika and blessings from the School Director and the Principal. In the evening, all the teaching, admin and non-teaching staffs gathered together for Dashain Tika from the Directors and the Principal and also had celebration together.

On  $20^{th}$ of Kartik, Inter House Mandala Competition and Deusi Bhailo Celebration was organized. The students from Grade IV - IX made Mandalas of various designs, patterns and colours. A mandala is a spiritual and ritual symbol in and Buddhism, Hinduism representing universe. In Group A (Grade IV-VI), Tilicho, Rupa and Phewa Houses secured 1st, 2nd and 3rd positions, respectively. Similarly in Group B (Grade VII-IX), Rupa, Rara and Phewa Houses secured 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions, respectively. Students from Grade IV - X performed Deusi Bhailo classwise. Primary school kids attired in traditional cultural attires had Tihar celebration with musical and dance performances, and even deusi bhailo performances.

On 1<sup>st</sup> of Mangshir, students of Grade IX were taken for the hiking of Sundarijal-Chisapani route. 116 students of Grade IX along with 10 Teachers hiked more than 14 hours in the course of two days

hike. The students not only had thrill and adventure but also learnt natural and topographical structure of rural landscape.

Department of Nepali took the initiative of organizing Inter House Nepali Debate Competition on 4<sup>th</sup> of Mangshir. From Grade VI & VII Category, Ashmita Neupane (Rupa House, VII DG), Abhinav Shreshta (Rara House, VII AP), Swikriti Shrestha (Tilicho House, VI AP) and Anjali Kunwar (Rara House, VII DG) secured 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and consolation positions, respectively. In the Senior Category (Grade VIII and IX), Noorshikha Neupane (Rupa, VIII AP), Aabhusan Kafle (Phewa, VIII MP), Sarthak Paudel (Phewa, VIII GS) and Shiksha Acharya (Tilicho, IX AP) were adjusted 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and consolation positions, respectively.

On 9<sup>th</sup> of Mangshir, Department of Dance organized KMC Dancing Star (Season V). The Chief Guest of the programme was renowned Nepali Actor Mr. Kedar Ghimire (*Magne Budha*). In Senior Category (Grade IV-IX), Aditi Napit of IX GS was adjusted winner whereas in Junior Category (Grade I-IV), Pragya Baijanath of III GS was the winner.

Department of English organized Word Warrior Slam Poetry. From Grade VI and VII category, Puraskar Luitel (Phewa, VI GS), Abhinav Shrestha (Rara, VII AP), Asmita Neupane (Rupa, VII DG) and Bandana Gyawali (Rara, VII MP) secured first, second, third and consolation positions, respectively. In Senior Category, Resha Acharya (IX DG, Tilicho) and Grishma Dhungana (IX MP, Rupa) were the joint winners. Biddhya Pokharel (IX AP, Rupa), Sailee Singh Maharjan (IX MP, Phewa) and Renab Bogati (IX AP, Rupa) secured third and consolation positions, second, respectively.

In order to make students responsible in learning and develop hobbies in the areas of their interest, we have started with various Clubs: KMC Music Club, KMC Sports Club, KMC Beat Crew Dance Club, Visual Arts Club, STEM (Science, Technology and Mathematics) Club, Bangmaya

Nepali Club, KMC Social Welfare Club and KQQ (English Language) Club.

### **Excursions**

Students visited these different places as part of their excursions and prepared report to present in school as following:

Grade	Place	Grade	Place
Preschool	Central Zoo, Jawalakhel	VI	Chhauni Museum and Military Museum
I	Central Zoo, Jawalakhel	VII	Lok Baja Sangrahalaya (Museum of Folk Musical Instruments) and Bagh Bhairab Temple, Kirtipur
II	Bhaktapur Durbar Square	VIII	Bhaktapur Durbar Square, Bhaktapur
III	PashupatiNath World Heritage Site	IX	Patan Durbar Square
IV	Narayanhiti Museum	X	Panauti Hydropower and Sericulture Farm
V	Swoyamb hunath		

# **Primary School Activities**

Primary School had Inter Spelling Bee Contest in the month of Shrawan. From Grade I, Saksham Pandey (Phewa, I MP), Shreejal Bhatta (Rupa, I GS) and Greson Khatiwada (Rupa, I AP) secured top three positions, respectively. In Grade II, Alfiya Fatima (II DG, Rupa), Ebosna Thapa (II MP, Phewa) and Aarohi Dongol (Rara, II GS) secured top three positions, respectively. Similarly, Raunak Shah (Rara, III DG), Pragya Baijanath (Phewa, III GS) and Snehal Shrestha (Rupa, III MP) had the honour of top three positions, respectively.

In Singing Competition, from Grade I, Swaratmika Acharya (I DG), Nancy Kharel (I DG), Siddhika Subedi (I GS) and Kiran Giri (I GS) secured 1<sup>st</sup>,

2<sup>nd</sup>, 3<sup>rd</sup> and Consolation Positions, respectively. From Grade II, Ebosna Thapa of II MP was the winner followed by Aarohi Dangol (II GS), Utkrista Bhattarai (II GS) and Prajwol Bhandari (II AP) as 2<sup>nd</sup>, 3<sup>rd</sup> and Consolation Position holders, respectively. In Grade III, Aahana Shrestha (III MP), Prasiddhi Bhusal (III GS), Suddodh Thapa (III GS) and Ankit Singh Thakuri (III AP) secured top four positions, respectively.

### **Pre School Activities**

Pre School too had celebration of various festivals to make the students understand about socio-cultural aspects of the society. The celebrated festivals were: Naag Panchami, Rakshyabandhan, Gaijatra, Krishna Janmastami, etc. During Dashain, they had Jamara Plantation and Kite Flying. During Tihar Celebration, Pre Scholars went to Parents' Home to play Deusi Bhailo. They also celebrated Children's Day and Red Dress Day. As part of field visit, students were taken for Visit to Department Store, Bakery and Zoo.

### **Inter School Activities**

In St. Xavier's First Paper Quiz competition organized by HISA,out of 3000 students of different schools all across Kathmandu Valley, five students of KMC School managed to secure positions in top 100 participants. They were: Aabhusan Kafle (VIII MP), Noorshikha Neupane (VIII AP), Shritika Gauchan (X AP), Suyog Karki (X DG) and Sujist Kunwar (X DG). Among them, Noorshikha Neupane of VIII AP secured 15<sup>th</sup> position and received cash prize and certificate. In 17<sup>th</sup> LA Inter School Swimming Competition, Prayush Shakya of VIII AP managed to secure Bronze Medal in 50 M Breast Stroke Competition.

### Clearly going to school regularly matters!

Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and in life. We realize some absences are unavoidable due to health challenges or other circumstances but,

we also know that when students miss too much school – regardless of the reason – it can cause them to fall behind academically. We do not want your child to fall behind in school and get discouraged. Please ensure that your child attends school every day and arrives on time. Here are a few practical tips to help support regular attendance:

- Lay out clothes and pack backpacks the night before.
- Ensure your children go to school every day unless they are truly sick.
- Avoid scheduling vacations or doctor's appointments when school is in session.
- Talk to teachers and counselor for advice if your children feel anxious about going to school.
- Develop back up plans for getting to school if something comes up. Call on a family member, neighbor, or another parent to take your child to school.
- In case your child has to remain absent, please notify the concerned Class Teacher.

We would be more than pleased to meet you to discuss your child's progress to date and answer any questions that you may have about your ward. Please do not hesitate to meet the teachers, Incharges and if required, I am always open in meeting you. We look forward to the last quarter of this academic session with great anticipation as we reflect and celebrate a very successful year. We encourage all of our students to persevere and continue to set goals, take daily consistent action in order to achieve them, and celebrate individual successes along the way.

Warmest Regards,

DwarikaNath Amgain

**Principal**